

# All Saints News



## FEBRUARY 2024

Including news from the village of Eyke and surrounding area.

(Website [www.eyke.onesuffolk.net](http://www.eyke.onesuffolk.net))

**Clergy:**

**Rev. Mandy Reynolds 01394 420129**

**Church Wardens:**

**Mr. Michael Fisher 01394 460494**

**Mrs Gillian Nicholls 01394 461244**

**The Vicars Voice – February 2024** As I write this, it is ‘blue Monday’. The weather is very cold, and my fingers are turning blue with the cold as I write this. But I don’t think that is the kind of blue the media are talking about!! A university professor managed to calculate which day is the most depressing one of the year! This is apparently the third Monday of January every year and has been given this accolade due to a combination of cold dark nights, the sense that Christmas is over and the arrival of the bills following our Christmas spending!.

By the time most people read this, it will be a distant memory, as will the excitement and jollity of Christmas and the New Year as we once again get back into “the old routine”. It seems that whatever the day we are at, there is a level of uncertainty and anxiety, which fuels a sense that our world is out of control. The cost of living crisis, climate change, more migrants perishing as they seek freedom across the waters of the channel, and of course, there seems to be war and unrest raging around the world.

Uncertainty in our lives can make us all feel somewhat anxious about the future, and when we feel that we are not in control, that can lead to worry and doubt. Jesus reminded his disciples that God understood their needs.

*As the gospel writer and Apostle Matthew tells us - “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?”*

Easier said than done I hear you shout, but Jesus’s teaching is very simple. His followers are to endeavour to live simply day at a time and recognise that whatever our circumstances, his love and mercy offer hope for the future. We are called to look for the Kingdom to find those places where God is at work in our world and join in. Even when we do not feel we have anything to offer or the gifts and skills to make a difference, we can pray, and our presence can be a calming influence.

As Christians, we need to accept that, ultimately, we are not in control. Through our faith, we have voluntarily passed control of the direction of our lives over to God. The Holy Spirit lives within each of us to equip, empower and sustain us on our journey of faith and to be a guide for daily living.

Given that God cares for us so much, we need not doubt that a better future, and our role is to point people to the hope that is us. We all feel ‘blue’ from time to time, but it will never overcome our hope in Jesus, as Peter tells us in his letters:

*“But in your hearts revere Christ as Lord. Always be prepared to answer to everyone who asks you to give the reason for the hope you have. But do this with gentleness and respect...”* 1 Peter 3:15



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**The poet, Emily Dickinson,** ‘takes an abstract feeling or idea and likens it to something physical, visible, and tangible. So hope becomes a singing bird. Hope, for Dickinson, sings its wordless tune and never stops singing it: nothing can faze it. In her poem, “Hope is the thing with Feathers” Emily is trying to get over the sense that hope does not communicate by ‘speaking’ to us in a conventional sense: it is a feeling that we get that cheers us even in dark times of despair.



### **“Hope” is the Thing with Feathers’.**

‘Hope’ is the thing with feathers –  
That perches in the soul –  
And sings the tune without the words –  
And with Love and Blessings,  
And never stops – at all ...

**With love and blessings Rev. Mandy Xx**

## **Services in Bromeswell, Eyke, Rendlesham, & Wantisden Parish Churches in February & early March**

### **Sunday 4<sup>th</sup> February (2<sup>nd</sup> Sunday before Lent)**

9.30am Eyke	Holy Communion	Rev. Mandy Reynolds
11.00am Bromeswell	Family Worship	Greg Gooch
11.00am St Felix'	Holy Communion	Rev. Mandy Reynolds & Kathy

### **Sunday 11<sup>th</sup> February (Next before Lent)**

9.30am St Gregs	Holy Communion	Rev Mandy Reynolds
11.00am St Felix	Holy Communion	Rev. Mandy Reynolds
4.00pm Bromeswell	Informal Evensong	Rev Mandy Reynolds

### **Wednesday 14<sup>th</sup> February (Ash Wednesday)**

10.30am St Felix'	Holy Communion with imposition of Ashes	Rev Mandy & Kathy
7.00pm Eyke	Holy Communion with imposition of Ashes	Rev Mandy Reynolds

### **Sunday 18<sup>th</sup> February (1<sup>st</sup> Sunday of Lent)**

9.30am Eyke	Morning Prayer	Rev, Mandy Reynolds
9.30am Bromeswell	Holy Communion	Rev Kevan McCormack
11.00am St Felix'	Morning Prayer & Praise	Greg Gooch

### **Sunday 25<sup>th</sup> February (2<sup>nd</sup> Sunday of Lent))**

9.30am St Gregs	Morning Prayer	Rev Mandy Reynolds
11.00am Bromeswell	Holy Communion	Rev Mandy Reynolds
11.00am St Felix'	Holy Communion	Rev Kevan McCormack

### **Sunday 3<sup>rd</sup> March (3<sup>rd</sup> Sunday of Lent)**

9.30am Eyke	Holy Communion	Rev. Mandy Reynolds
11.00am Bromeswell	Family Worship	Greg Gooch
11.00am St Felix'	Holy Communion	Rev. Mandy Reynolds

## **ST FELIX CHURCH TUESDAYS**

**TOP UP SHOP 11am --12 noon**

**10am -11.30am Refreshments available**

### **Donations Always Welcome**

eg: Personal Hygiene goods Cleaning/Laundry Products Tinned Meats  
Soups. Non perishable foodstuffs Dog/Cat/Pet food

**THANK YOU**

## **Easter Lilies**

**Each Easter in Eyke Church we place lilies in memory of loved ones who are no longer with us. The cost of each bloom is £5.00 which includes a white ribbon with the person's name on it**

**If you would like such a memorial please contact Mike Fisher on 01394 460494 or email [fishertwogate@gmail.com](mailto:fishertwogate@gmail.com).**

**Please let me know as soon as possible but by Friday 8<sup>th</sup> March 2024 at the latest.**

## **Village Hall Update**

A great night was had on New Year's Eve – it was a very well attended party, which raised a total of £672 for the village hall fund. And it was fantastic to see some new faces, too, as we saw in the New Year together.

Planning is now under way for 2024, and we already have some dates for your diary. On 2<sup>nd</sup> March there will be a Bingo Night aimed at the whole family, and on 6<sup>th</sup> April (provisionally) we will have a wine 'tasting' session (well, wine drinking, really), which is definitely only for the grown-ups! We're also planning a summer BBQ for June, a Pop-Up Pub (hooray!) and a Quiz Night – watch this space and our website for further details. Meanwhile, if you would like to put on your own event, or if you have an idea for an event that you would like to suggest to the village hall committee, please email Sue Clark.

And of course, the refurbishment work continues! The finishing to the wall at the end of the hall will be done in the next few weeks, and another job will be ticked off the list. Meanwhile, we are still waiting for news about our application for National Lottery funding. Fingers remain crossed, and we're trying to be patient... We'll let you know the moment we hear anything.

Thanks to everyone for their support and contributions over the last year, and best wishes for 2024 from the village hall committee.

## **MORABE Rural Community Choir are now at Eyke Village Hall**

Do you know the benefits of singing:-

1. Strengthens feeling of togetherness. ...
2. Regulate heart rate. ...
3. Reduce stress levels and depression. ...
4. Improve symptoms of Parkinson's and lung disease.
5. Improve feeling of social well-being. ...
6. Increase life expectancy?

Thanks to our supporters, MORABE Rural Music is able to offer subsidised session at Eyke Village Hall at only £4 per person/ per session. All proceeds help to cover some of the cost of delivery of these sessions.

The choir rehearses from 2.15-3.15 on Fridays.

Payment is in cash on the day and change is provided. Participants are welcome to pay for the term if easier.

If you would like to know more about the work which MORABE Rural Music is doing in our community or wish to support us, please go to:

[www.morabe.org.uk](http://www.morabe.org.uk)

## **Yoga in the Village Hall**

**Wednesday evenings 7.00- 8.15pm**

### **Cost**

£12 per session

Five Class Pass - £55 (2 months expiry)

Ten Class Pass - £100 (3 months expiry)

### **Contact Lorraine**

07513 342 383

[lorraine@lanruiyoga.co.uk](mailto:lorraine@lanruiyoga.co.uk)

<https://lanruiyoga.co.uk>

## **Mobile Library**

Mobile Library calling at Eyke every 4 weeks on a Wednesday at 11am.

Parked in the School turn-around. Next visit will be on 31st January 2024.

## **Early Spring Litter Pick.**

There will be a much needed litter pick on Saturday 17th February. If you would like to take part, please meet at the village hall at 9.30am. All equipment will be supplied.

We will be attempting to clear as much litter as possible from our roads and lanes in the village before the spring growth overtakes it.

**Organised by Eyke Millennium Group.**

## **Jackie Pooley**

On 12<sup>th</sup> January a very special event was held in the village hall to mark the retirement of Jackie Pooley from her post as clerk to the Parish Council. Jackie served Eyke in that capacity for an extraordinary 45 years, during which time she saw eight different chairmen of the Council come and go. A large number of villagers turned out to express their appreciation for her service, while James Mallinder and John Fleming delivered a vote of thanks on behalf of the community. Jackie was presented with flowers and a travel gift voucher, which she is sure to put to excellent use. Anyone who has attended a Parish Council meeting or dealt with the Council in any way can hardly fail to have been impressed by her patience, diplomacy, perseverance and calm attention to detail. She will be a very tough act to follow.

## **Sue Clark**

I'd like to express my grateful thanks to everyone who contributed towards making my retirement reception such a lovely occasion and for turning out on such a cold dark winter's evening.

I hope you all enjoyed it as much as I did.

Thank you to the Parish Council, for organising it, to the Village Hall Committee, to all those who provided such delicious food and to everyone for the generous gifts and words. The flowers are bright and lovely – a real treat on dark winter days – and the generous *buyagift* voucher for an 'Experience' is giving Robin and me plenty of food for thought. However, we have discounted bungee jumping, driving a supercar and hot air ballooning and have settled on a short break away!

The Parish Council has been part of my life for 44 years and over that time I have had the privilege of working with some truly dedicated people who have served their community tirelessly.

My very best wishes go to our current councilors, one and all.

**Jackie**